LESSON IDEAS

Activities for 4 – 6 year olds with

Ideas about story telling as a therapy to

develop emotional intelligence

Preschool „Saulite”, Latvia

Teacher: Ludmilla Fiļčenko

Time: 40 min

Developing Key Competenses: language competence, social competence, competence of creativity

Outline of the activity:

1. Hello to everybody - teacher introduces herself
2. Poem (on the topic of the month)
3. Teacher invite kids to the corner of emotion, they tell how they feel today and put their names to appropriate emotion.
4. Dynamical pause- game „Funny muvements” -teacher show different picture cards with poses and children reproduce these poses.
5. Poem (on the topic of the month)
6. Discussion about friendship
7. Children perform fairy tale „Rex, who are you?”, story about how to find a friend.Props are made by children.
8. Self-evalution: how I felt and what I like during the activities. Children make faces of emotion from plasticine

Expected results:

Ability to recognise some of basic emotions.

Ability to name some of basic emotions.

Ability to express feelings and emotions.

Ability to analise reasons of emotions.

Ability to speak in public.

Possibility to express their self in creative way throught theater performance.

Story about how to find frien „Rex, who are you?”

That is Rex, he is a dog and has lot of toys! But he dont have a friend!

And he goes looking for it!

He meet a rooster and ask him: „Can we be friends?’’

„Only when you will have feathers as gorgeus as mine”, answer rooster