LESSON IDEAS

Activities for 4– 5 year olds with

Ideas about outdoor activity with developement of Maths competence,

spatial intelligence and using natural recources

Preschool „Saulite”, Latvia

**Teacher:** Ieva Vēvere

**Time**: 30 min

**Developing Key Competenses:** language competence, social competence, maths competence, competence of creativity, physical development competence

**Outline of the activity:**

1. Hello to everybody - teacher introduces herself
2. Draw of pairs
3. It is important to trust your partner, to listen what he has to say. But it is equally important to be able to give instructions clearly and specifically. Today you will have to rely on your teammate as he will be your eyes.
4. Rock, paper, scissors- to draw who will lose his eyes.
5. Lead a blindfolded teammate through the obstacle course without holding hands while giving clear instructions.
6. At the finish line, a worksheet is taken from the box, witch will have to be completed together.
7. Decoding the code
8. Posting the decoded word from natural materials
9. Students evaluate how they felt during the lesson by placing some ot the natural materials in the corresponding emotion container.

**Expected results:**

Ability to give clear instructions.

Ability to determine approximate distance in steps

Abbility to cooperate with a teammate

Abbility to distinguish directions, to understand instructions accurately

Abbility to desipher the code

Possibility to express their self in creative way throught art.

**Necessary materials:**

Blindfolds, pencils, 2 containers with emotion symbols, different natural materials, low barriers, cones, any obstacles that children can overcome by stepping over, going around or crawling through them, activity sheets with encrypted code.